



Frax Treatment

Pre-Care

It is important that the client avoids the following within a **30-60 day** period prior to treatment:

- Do NOT sunbathe or use sun beds
- Avoid self-tanning products
- Stop retinol 7 days before treatment

Post Treatment Care

We would advise that you should do the following for the next **30-60 days** after the Ellipse treatment.

- Avoid sun exposure or sun beds
- Wear at least a sun protection of 30 or higher when outside. (SPF30 +)

You should avoid the following for the next **24-48 hours** after the treatment.

- No perfumed products or make-up
- No excessive heat e.g. saunas, steam rooms or hot baths
- No swimming or gym
- No touching, picking or scratching the area
- Avoid exfoliation

Please note: Pure Aloe Vera gel must be used for the next 48 hours after the treatment if any reaction persists.

- *Slight erythema/redness is seen immediately after the treatment and this will disappear in 1-2 hours or in some cases a few days.*
- *Inflammation may be present in the area after the treatment and can last up to 24 hours.*
- *You can advise the client to use 100% Aloe Vera gel at home for the next 24-48 hours to reduce this side effect.*
- *Use a sunscreen with at least SPF30 on the area for the next 30-60 days following treatment.*